



SHOOTING FEDERATION OF CANADA

Policy Title: Mental Performance Consultant Athlete Selection Guidelines

Policy No.: HP2020.002

Effective Date: July 1, 2020

Last Revised: June 28, 2020

POLICY OWNER: High Performance Committee

POLICY CONTACT: Vice President, High Performance

1. Reason for Policy:

To determine the eligibility of athletes for one-on-one consultation with the Mental Performance Consultant.

2. Procedure:

This document encompasses the athlete selection guidelines for One-on-One Mental Performance Sessions. These are guidelines only and the High Performance Committee (HPC) reserves the right to determine the number of athletes to be supported based on the funds and resources available and on an assessment of each athlete's measurable progress and their potential to meet normal eligibility criteria.

The minimum guideline requirements are:

- Current member of the High Performance Program;
- Be in good standing with the SFC **throughout** the previous and current year having not lapsed their membership, had outstanding invoices or been sanctioned;
- Scores and placing obtained in competition showing improvement over the past three seasons;
- Active participation in the High Performance Program including attendance to National Team Camps;
- YTP encompasses 48 weeks for the calendar year, and meets the minimum requirements and is kept up to date;
- In contact with National Team Coach, at minimum, once a month updating the coach on their goals and training progress;
- Adherence to ALL other criteria of the Athlete Agreement, Code of Conduct and Anti-doping agreements.