



# Recreational Target Shooting

## Program Guide

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# WELCOME TO

## RECREATIONAL TARGET SHOOTING

MASTERING THE SHOOTING DISCIPLINES ON THE PROGRAMMES OF THE  
INTERNATIONAL OLYMPIC AND PARALYMPIC COMMITTEES

### PROGRAM OVERVIEW

The Recreational Target Shooting (RTS) program is tailored for aspiring competitive sport shooters who want to progress on their path of mastering shooting disciplines that are on the programme of the International Olympic Committee or the International Paralympic Committee. Its mission is to help sport shooters train, improve and compete. Its clear goals can be pursued by individuals at their own pace and with their own level of commitment. RTS blends training with competition and the resulting satisfaction of personal achievement is unmistakable. Target enthusiasts follow their own personal rhythm, building confidence and finding gratification in the process. Many will find that the RTS program will hone their shooting skills naturally over time as the program's reasonable standards stretch capabilities, foster habits and reward perseverance. Target shooting is truly a life-long sport.

This participatory program tries to capture the very essence of Olympic target shooting. The fundamentals are essentially the same for all the events included in the RTS. Hopefully participants will gain fulfilment from overcoming limitations and continuing along a path of personal development to train and compete while enjoying the fellowship of sport.

### IN A NUTSHELL

Participants earn badges as they complete a number of targets that meet the level requirements. Each Program Coordinator is responsible for ordering [targets](#),

badges, collecting and counting targets, recording the scores, and giving badges to participants, based on the online RTS leaderboard.

## THE BASICS

1. Safety is paramount. It is the foundation of our sport. Always follow local range rules.
2. You can start at any level, but awards are earned in order.
3. There is no time limit for completing.
4. Have fun.

## THE SPECIFICS

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### FOR SHOTGUN

- Targets should be thrown as close as possible to the distance, angles and heights stated in official rule books for the sport.
- Targets should be shot in the manner of the sport rules (*i.e.*, ISSF Skeet – gun down and delayed targets)
- Ammunition should be size 7-9 and up to 11/4 ounces of shot.
- Any gauge shotgun allowed at the range can be used
- Targets for each medal level can be shot over several days but should be consecutive.



<b>SPORTING CLAYS</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
Single targets			
# of Targets	25	25	25
Score (/25)	8	10	12
<b>Intermediate</b>			
Report or Report and true pairs			
# of Targets	50	50	50
Score (/50)	25	27	30
<b>Advanced</b>			
Report and true pairs			
# of Targets	100	100	100
Score (/100)	60	65	70

<b>NSSA STYLE SKEET</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
# of Targets	25	25	25
Score (/25)	8	10	12
<b>Intermediate</b>			
# of Targets	50	50	50
Score (/50)	25	30	35
<b>Advanced</b>			
# of Targets	100	100	100
Score (/100)	72	75	80

<b>ISSF SKEET</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
# of Targets	25	25	25
Score (/25)	8	10	12
<b>Intermediate</b>			
# of Targets	50	50	50
Score (/50)	25	27	30
<b>Advanced</b>			
# of Targets	100	100	100
Score (/100)	65	70	75

<b>ATA/ Down the line Style Trap</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
# of Targets	25	25	25
Score (/25)	10	13	16
<b>Intermediate</b>			
Position	Singles	Doubles	Singles or Doubles
# of Targets	50	50	50
Score (/50)	30	30	35
<b>Advanced</b>			
Position	Singles	Doubles	Handicap (>=18 yds)
# of Targets	100	100	100
Score (/100)	75	75	75

<b>WOBBLE TRAP</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
# of Targets	25	25	25
Score (/25)	10	12	15
<b>Intermediate</b>			
Level	Singles	Singles	Singles
# of Targets	50	50	50
Score (/50)	30	32	35
<b>Advanced</b>			
Level	Singles	Singles	Singles
# of Targets	100	100	100
Score (/100)	70	72	75

<b>ISSF TRAP</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
# of Targets	25	25	25
Score (/25)	8	10	13
<b>Intermediate</b>			
Level	Singles	Singles	Singles
# of Targets	50	50	50
Score (/50)	28	30	32
<b>Advanced</b>			
Level	Singles	Singles	Singles
# of Targets	100	100	100
Score (/100)	65	68	70

FOR PISTOL AND RIFLE

1. Use only [official SFC stamped targets](#) or cadets targets.
2. Retain targets with scores greater than current level to count towards the next level.
3. You don't have to shoot the targets at the same time.
4. If you fire more than 10 shots on a target, you count only the lowest 10 (and lose one point for each shot over the 10-shot limit).
5. Targets should be shot in the manner of the sport (ISSF & World Shooting Para Sport) rules



You must use .22 LR for smallbore (RF) or *any* centerfire calibre for centerfire (CF).

- **Slow** You have **5 minutes** for CF and **2 1/2 min** for RF (10 shots; 2 strings of 5)
- **Timed** You have **20 seconds** to complete the target (10 shots; 2 strings of 5)
- **Rapid** You have **10 seconds** to complete the target (10 shots; 2 strings of 5)

<b>CENTERFIRE PISTOL</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
Technique	Slowfire	Slowfire	Slowfire
# of Targets	10	10	10
Score (/100)	65	75	80
<b>Intermediate</b>			
Technique	Slow	Timed	Rapid
# of Targets	10	10	10
Score (/100)	85	75	70
<b>Advanced</b>			
Technique	Slow	Timed	Rapid
# of Targets	10	10	10
Score (/100)	94	90	86

<b>SMALLBORE PISTOL</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
Technique	Slowfire	Slowfire	Slowfire
# of Targets	10	10	10
Score (/100)	65	75	80
<b>Intermediate</b>			
Technique	Slow	Timed	Rapid
# of Targets	10	10	10
Score (/100)	85	75	70
<b>Advanced</b>			
Technique	Slow	Timed	Rapid
# of Targets	10	10	10
Score (/100)	94	90	86



RIFLE ONLY

- You must use .22 LR for smallbore or any centerfire calibre for centerfire.
- For air rifle, only aperture (peep) sights are allowed (telescopic or other optical sights are forbidden).
- Any sights are allowed for benchrest, smallbore and centerfire rifle.
- Rifle may load multiple rounds.

## BENCHREST RIFLE

Level	Bronze	Silver	Gold
<b>Beginner</b>			
Position	Bench	Bench	Bench
# of Targets	10	10	10
Score (/100)	80	85	90
<b>Intermediate</b>			
Level	Bench	Bench	Bench
# of Targets	10	10	10
Score (/100)	92	94	96
<b>Advanced</b>			
Level	Bench	Bench	Bench
# of Targets	10	10	10
Score (/100)	97	98	100

## SMALLBORE & CENTERFIRE RIFLE

Level	Bronze	Silver	Gold
<b>Beginner</b>			
Position	Prone	Prone	Prone
# of Targets	10	10	10
Score (/100)	80	90	95
<b>Intermediate</b>			
Level	Prone	Standing	Kneeling
# of Targets	10	10	10
Score (/100)	98	80	90
<b>Advanced</b>			
Level	Prone	Standing	Kneeling
# of Targets	10	10	10
Score (/100)	99	90	98



RANGE LENGTH AND [TARGETS](#)

<b>Rifle</b>		
<b>Range</b>	<b>Caliber</b>	<b>Target number</b>
10 meter	Air rifle .177	Sporting SFC-RIF-99 <b>or</b> Canadian Cadets targets for Daisy 853C rifle
20 yard	.22 LR	Sporting SFC-RIF-92
25 meter	.22 LR	Sporting SFC-RIF-136
50 meter	.22 LR	Sporting SFC-RIF-153
50 yard	.22 LR	Benchrest SFC-RIF-BRRF-5050
100 yard or meter	.22 LR or centerfire	Benchrest SFC-RIF-BGR-100
<b>Pistol</b>		
<b>Range</b>	<b>Caliber</b>	<b>Target number</b>
10 meter	Air pistol .177	Cibles Canada Targets Stock 103T
50 foot	.22 LR or centerfire	SPC-PIS-61
20 yard	.22 LR or centerfire	SFC-PIS-63
25 yard	.22 LR or centerfire	SFC-PIS-65
25 meter	.22 LR or centerfire	SFC-PIS-90



Benchrest can also be shot at 25 M using SFC-RIF-136 [targets](#) - scoring match.



AIR RIFLE AND AIR PISTOL

- Only use .177 air rifle or air pistol
- Telescopic or other optical sights are forbidden

<b>AIR RIFLE</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
Position	Standing	Standing	Standing
# of Targets	10	10	10
Score (/100)	50	60	70
<b>Intermediate</b>			
Position	Standing	Standing	Standing
# of Targets	10	10	10
Score (/100)	75	80	85
<b>Advanced</b>			
Position	Standing	Standing	Standing
# of Targets	10	10	10
Score (/100)	90	95	100

<b>AIR PISTOL</b>			
Level	Bronze	Silver	Gold
<b>Beginner</b>			
Position	Standing	Standing	Standing
# of Targets	10	10	10
Score (/100)	30	45	55
<b>Intermediate</b>			
Position	Standing	Standing	Standing
# of Targets	10	10	10
Score (/100)	65	70	75
<b>Advanced</b>			
Position	Standing	Standing	Standing
# of Targets	10	10	10
Score (/100)	80	85	90



## BADGE PRICING

<b>Selling price</b>		
<b>Single orders</b>	<b>Members and cadets</b>	<b>Non member</b>
Complete set (center with 9 levels)	\$20.00	\$30.00
Beginner (center & 3 levels) <sup>1</sup>	\$10.00	\$15.00
Intermediate level <sup>2</sup> (3 patches)	\$7.50	\$10.00
Advanced level (3 patches)	\$7.50	\$10.00

<b>Multi Pack - Minimum 5 badge order</b>	<b>Affiliated and cadets</b>	<b>Non affiliated club</b>
Complete set (center with 9 levels each)	\$16 per set	\$24 per set
Beginner sets (center & 3 levels)	\$9 per set	\$14 per set
Intermediate sets (3 patches)	\$7 per set	\$9 per set
Advanced sets (3 patches)	\$7 per set	\$9 per set

<b>Jumbo Pack - Minimum 10 badge order</b>	<b>Affiliated and cadets</b>	<b>Non affiliated club</b>
Complete set (center with 9 levels each)	\$15 per set	\$22 per set
Beginner (center & 3 levels)	\$8 per set	\$13 per set
Intermediate level (3 patches)	\$6 per set	\$8 per set
Advanced level (3 patches)	\$6 per set	\$8 per set

Note: Sets must be for identical badges.

<sup>1</sup> Beginner package (Center crest and bronze, silver and gold patches of the first ring).

<sup>2</sup> Intermediate package (bronze, silver and gold patches of the second ring)

## SUMMARY

- In order to get qualified<sup>3</sup>, you have to follow the rules available on:

<https://sfc-ftc.ca/RTS-Rules>

- Name a Program Coordinator for your club and send a registration for your club to gain access to the leaderboard:

[ProgramCoord@sfc-ftc.ca](mailto:ProgramCoord@sfc-ftc.ca)

- National Leaderboard available at:

<https://sfc-ftc.ca/RTS>

- To get the badges, [targets](#) or buy more, get in touch with SFC

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<sup>3</sup> Note that this program does not provide an official SFC classification.



## WANT MORE TARGET SHOOTING OPPORTUNITIES?

- Go to the SFC [website](#)

Here you can:

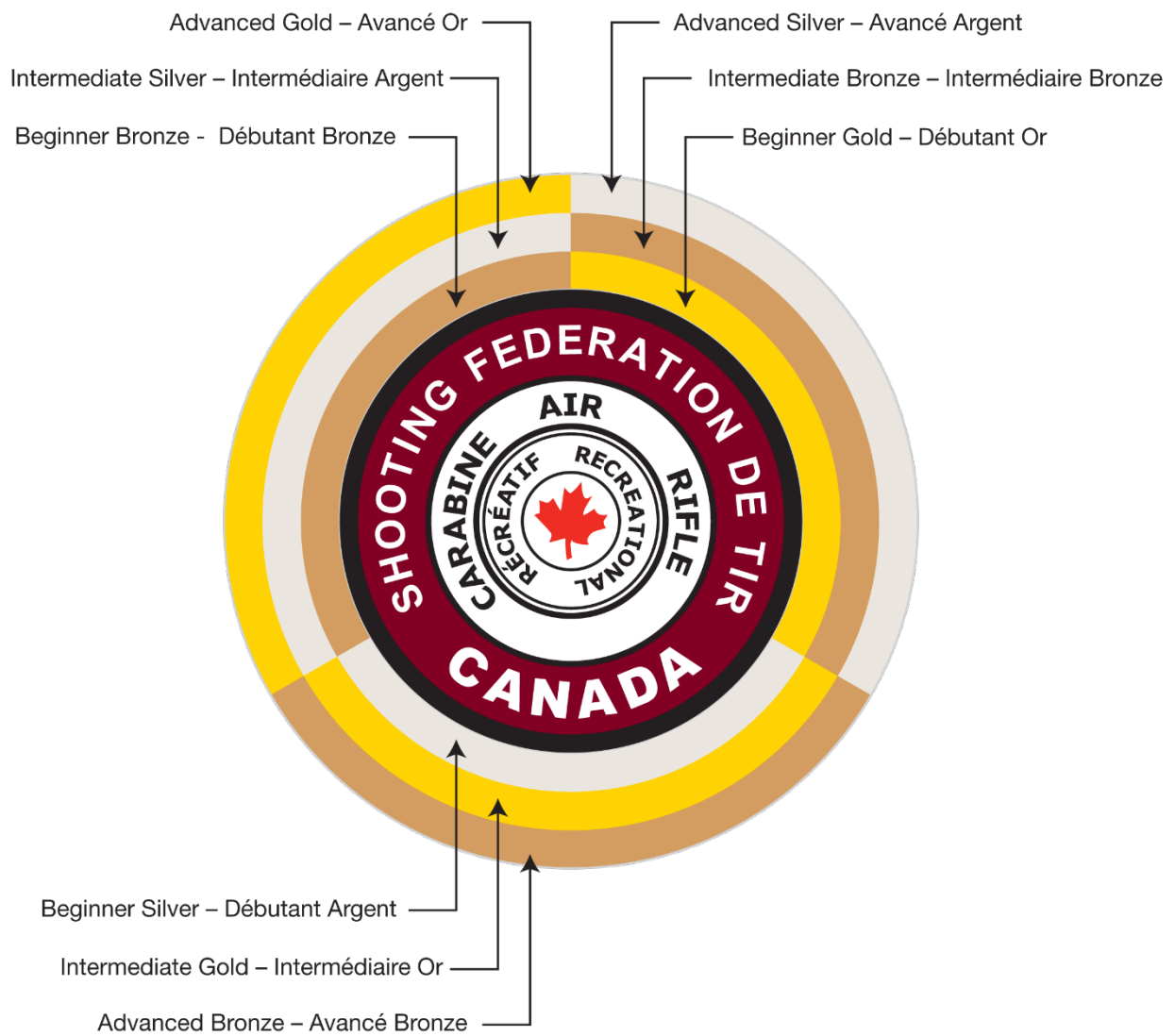
- Participate in the monthly “[Coast to Coast Championship](#)”
- Find [local or national tournaments](#) and read more about [the rules](#).
- Contact your Provincial or Territorial Shooting Organization.
- Start a regular, scheduled match at your own home club and get it published on the SFC website.
- Become an ambassador and get others involved in Olympic and Paralympic shooting!



**Shooting Federation of Canada (SFC)** is the national sport governing body responsible for the promotion, development and governing of organized, recreational and competitive target shooting in and for Canada. SFC represents all Canadian firearm owners and is also responsible for the development, protection and promotion of all firearm owners' rights, property and their sport.

# APPENDIX

## AWARD LEVELS





1. Air Rifle
2. Benchrest Rifle
3. Smallbore Rifle
4. Centerfire Rifle
5. Air Pistol
6. Centerfire Pistol
7. Smallbore Pistol
8. ATA Trap Shotgun
9. Wobble Trap shotgun
10. ISSF Trap Shotgun
11. Sporting Clays Shotgun
12. NSSA Skeet Shotgun
13. ISSF Skeet Shotgun

